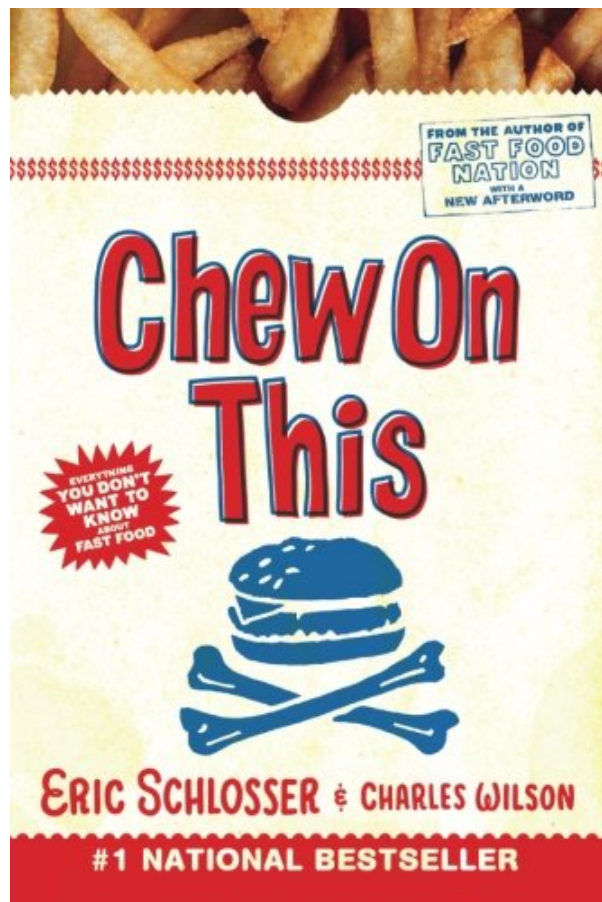
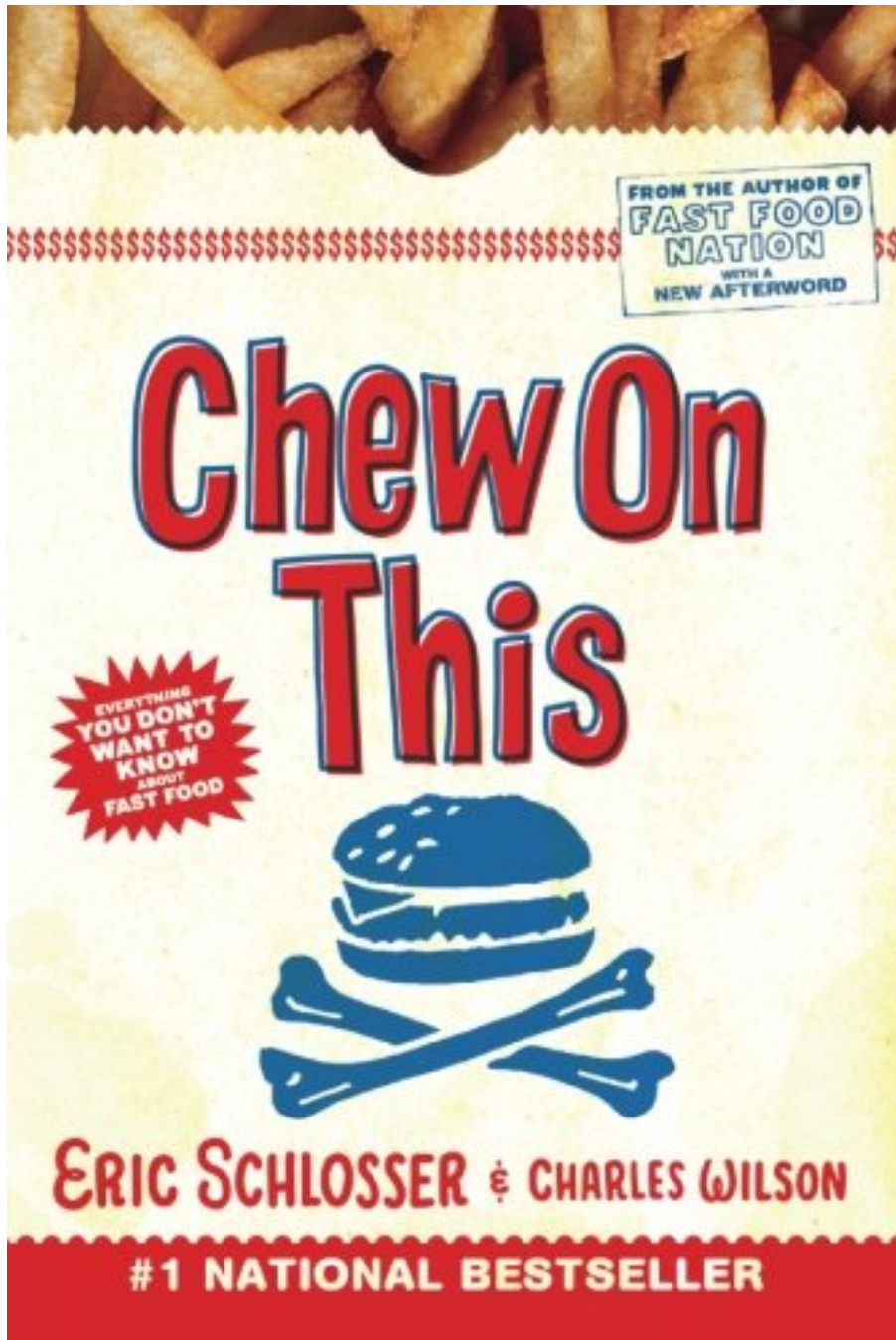


**CHEW ON THIS: EVERYTHING YOU DON'T WANT TO KNOW ABOUT FAST FOOD BY CHARLES WILSON, ERIC SCHLOSSER**



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Kids love fast food. And the fast food industry definitely loves kids. It couldn't survive without them. Did you know that the biggest toy company in the world is McDonald's? It's true. In fact, one out of every three toys given to a child in the United States each year is from a fast food restaurant.

Not only has fast food reached into the toy industry, it's moving into our schools. One out of every five public schools in the United States now serves brand name fast food. But do kids know what they're eating? Where do fast food hamburgers come from? And what makes those fries taste so good?

When Eric Schlosser's best-selling book, *Fast Food Nation*, was published for adults in 2001, many called for his groundbreaking insight to be shared with young people. Now Schlosser, along with co-writer Charles Wilson, has investigated the subject further, uncovering new facts children need to know.

In *Chew On This*, they share with kids the fascinating and sometimes frightening truth about what lurks between those sesame seed buns, what a chicken 'nugget' really is, and how the fast food industry has been feeding off children for generations.

Featuring cover art by M. Wartella.

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85 of 91 people found the following review helpful.

A lot to chew on :-)

By Little Miss Cutey

I really like this book. I bought it (even though it's geared more to kids) because I am a fan of Fast Food Nation (can't wait till the movie comes out) and wanted to hear what he had to say this time around.

He's targeted 9-15 year olds mainly because American kids are so unhealthy and out of shape - he wanted to not tell them what not to eat, but in fact enlighten them about what they are actually eating. Because the stats are so high for being obese at age 35 if you were obese at 13, he wants to try to stop kids getting obese by age 13 in the first place.

He takes shots at the soda industry as well as fast food restaurants. There is a chapter dedicated to the sodas making kids fat/unhealthy.

1 out of 3 toys in America come from fast food restaurants he states, showing the 'marketing skills' of these chains to lure kids to want to eat there.

Chew On This is really designed to make people (especially the kids) aware of what they are buying and eating and awareness is key to the choices you make.

I loved this book. It's eye opening and interesting and does in fact make you chew on his thoughts. I think he's done a great job here. I hope this message sinks in to kids heads and make them reconsider what they would rather eat.

0 of 0 people found the following review helpful.

Must read!!!!

By K. A. Michaelis

This book is a great book, especially when you are wondering what happens behind the kitchen at a McDonald's or a meatpacking facility. Young or old, this book is a life changer for any age

0 of 0 people found the following review helpful.

AMAZING

By Erika Byrnes

Amazing so good I learned so much about the food industry from this book. I suggest to readers with a strong stomach and an interest in learning about fast food

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