

HOW CAN I HELP MY ALCOHOLIC HUSBAND? BY CHERRY PARKER



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HOW CAN I HELP MY ALCOHOLIC HUSBAND? BY CHERRY PARKER PDF

No one sets out to be the best alcoholic they can be.

So why do some people become alcoholics and others don't?

Why do alcoholics feel compelled to drink?

Why don't they stop?

If they do stop for a while why don't they stay stopped?

Why couldn't I help my husband?

Why didn't counselors and 12 step programs help?

If he loved us why did he keep drinking?

Why did the craving for alcohol get worse over time?

Excellent books and websites are discussed which offer personal health plans with a high success rate.

The damage done to the brain and body by the alcohol must be repaired. If in sober times the drinker is able to see that others have become well without struggling to stay sober each day, he will be encouraged. It will not happen overnight but the seed will have been sewn. The alcoholic must want to help himself and all we can do is offer alternative solutions that have a good success rate.

Alcoholics are individuals and one type of treatment can never fit all.

No alcoholic ever wants or thinks they need 'treatment.' They don't want our help because they see no reason to change a life they are happy with. It must be their choice whether to take advantage of the options to restore their health or not. Only then can we say we have done the best we could to help them with the knowledge available today.

Index

Tunnel Vision

No Alcoholic Wants Treatment

We are all Individuals

We Also Get Angry

It Is Not All About You

The Family Is Involved By Default

My Personal Experience

The Pretext of Normality

The Great Why?

An Unhealthy Brain

What Alcohol Depletes

Understanding Sugar

An Automatic Response

Peace of Mind

Inner Turmoil

It Is Just How I Am
Not Happy People
It Is Easy To Read
Happiness.....What Happiness?
A Need to Cope
Myths
Words
Co-dependents
Something Has to Happen
'Treatment'
Different Types of Alcoholics
Time and Cost
The Medical Profession
Change
Choices
Riding Uphill
In An Ideal World
Education and Attitude
The Wrong Diagnosis
Too Late
Kevin
Websites and Books

- Sales Rank: #163002 in eBooks
- Published on: 2013-11-25
- Released on: 2013-11-25
- Format: Kindle eBook

Most helpful customer reviews

0 of 0 people found the following review helpful.

Very helpful information

By Kindle Customer

I too am frustrated with the existing treatment for alcoholism. We do need things to change and good to see that others feel the same way. So much tragedy and sorrow that could have been avoided. Will definitely look at some of the resources and hope it's not too late.

0 of 0 people found the following review helpful.

raw, very personal

By seal1054

Some very good information for anyone struggling with a loved one's addiction! This account is from a very personal side - the spouse.

Raw, personal without holding back!

0 of 0 people found the following review helpful.

Five Stars

By Elizabeth Gillespie

It was like the author was telling my story. It really helps to know you are not alone.

See all 3 customer reviews...

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