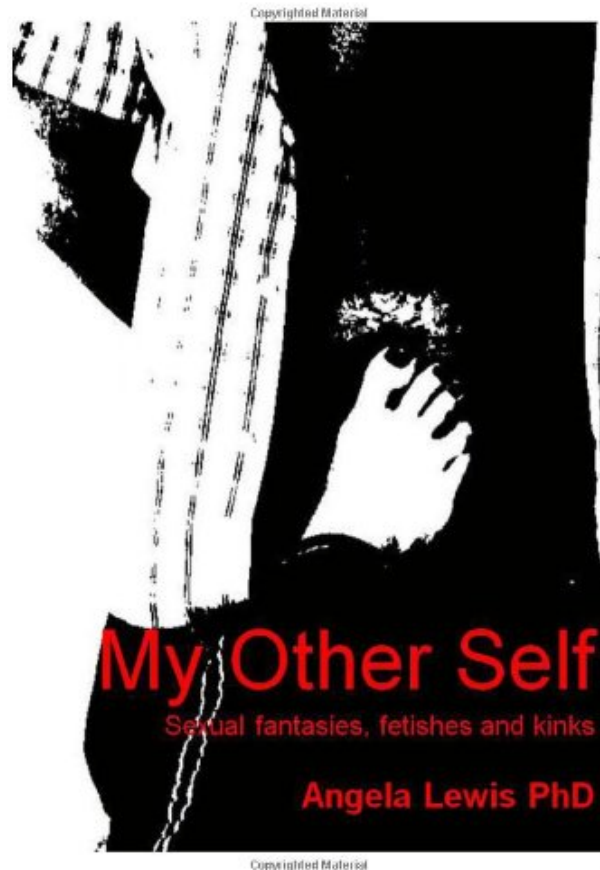


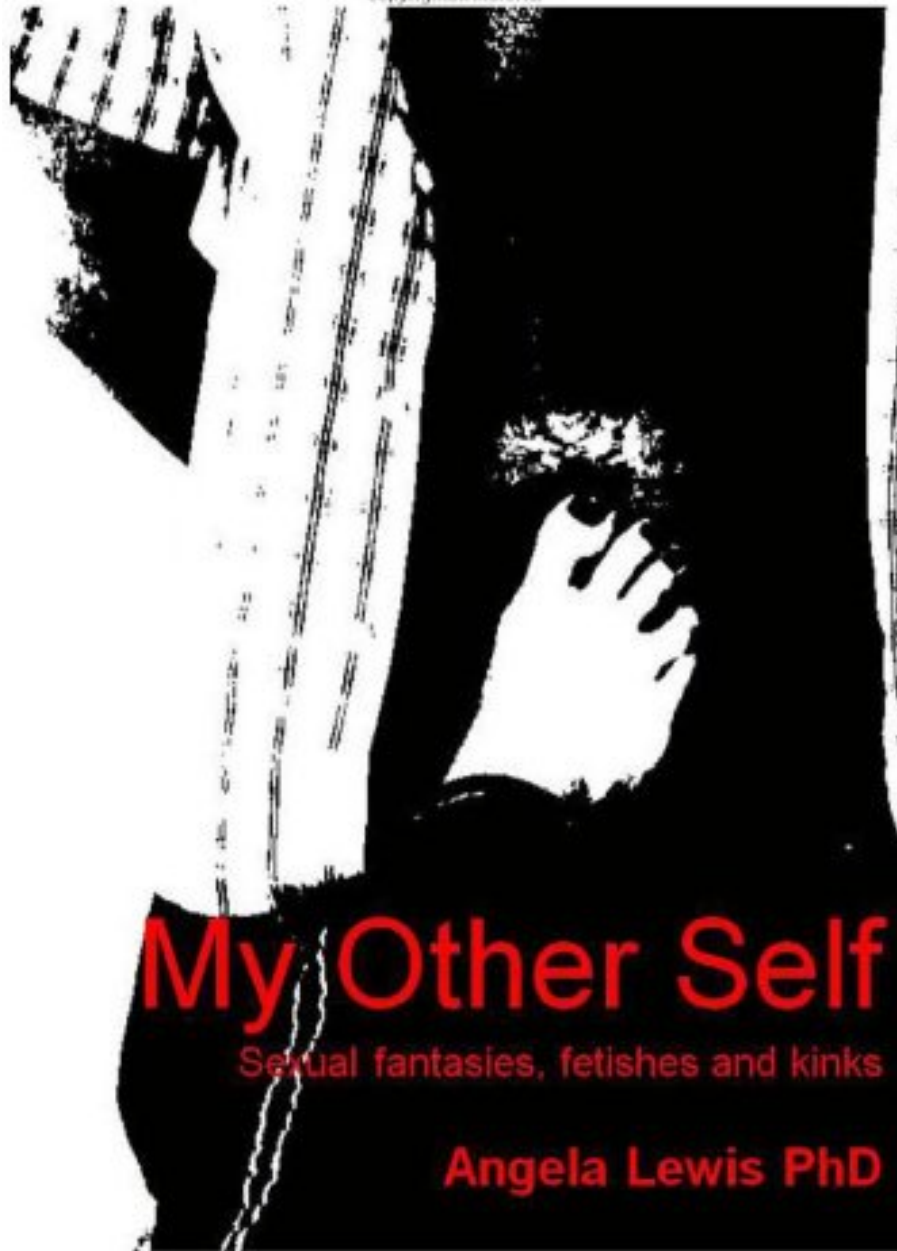
MY OTHER SELF: SEXUAL FANTASIES, FETISHES AND KINKS BY ANGELA LEWIS



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From the Back Cover

Hold onto to your pants and be prepared to experience a paradigm shift. This book will educate, challenge and stimulate the reader to understand that being 'normal' includes imagination difference and choice
-Philip Armstrong, CEO, Australian Counselling Association

About the Author

Angela Lewis holds a PhD in education and has worked in IT for many years as a provider of various learning programs to both the government and corporate sector. She qualified as a counsellor a decade ago, and while not practising in this field has acted as IT Adviser to the Australian Counselling Association for the past 10 years and continues to write regularly for the *Counselling Australia Journal* on the intersection of society and technology, a topic which remains a personal area of interest.

In the course of researching and then writing about how people expressed their sexuality, she found that community attitudes towards anything other than mainstream sexual practices remains deeply suspicious and judgemental. So began a 4 year project of gathering narratives and interviewing people who enjoyed a wide range of alternative sexual practices, resulting in her first book, *My Other Self*, the stories of ordinary folk quietly leading extraordinary private lives.

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MY OTHER SELF: SEXUAL FANTASIES, FETISHES AND KINKS BY ANGELA LEWIS PDF

After four years of researching digital dungeons and online communities, social researcher and author Angela Lewis emerges with a book brimming with information about sexual deviations practised everywhere - from exotic purpose built playpens to the most ordinary of suburban bedrooms. MY OTHER SELF is an intrepid anthology of the secret and sometimes bizarre sexual lives quietly practised by millions of everyday people. As these ordinary folk tell their stories it becomes obvious that the world of kinky sex is far from the exclusive domain of rock stars, movie goddesses and politicians. By relying on the anonymity provided by the internet, Dr. Lewis was able reach an extraordinary level of cooperation with the people she interviewed. Their detailed testimonials make My Other Self a unique piece of social research unparalleled in its category, providing a wealth of information to those who may be curious about what goes on behind closed doors.

This provocative book explores the secret lives of those enjoying an array of sexual deviations: from leather, teeth, diapers and long fingernails, to spanking and hairy armpits. As well as real-life stories and insights, it contains explanatory background information, links to related interests, jargon and search terms and is easy for the reader to dip in and out and move around. Recommended by the counselling community, MY OTHER SELF is much more than just another book about erotica as it seeks to establish a much needed dialogue around society's understanding and acceptance of alternative sexual interests.

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Most helpful customer reviews

6 of 6 people found the following review helpful.

Hidden Lives & Parallel Realities!

By Al W.

Ever wondered what that little seen next door neighbor might be doing behind closed doors? This is required reading for anyone that may not have realized the very unusual, and varied fetishes and fetish lifestyles that average people all around us engage in, and in many instances keep hidden from even closest friends and family.

Author Angela Lewis takes on a journey which is both strange and insightful, compiling stories from people from all walks of life whose sexual lives and individual paths alternately stimulate, shock and educate. Take a step into the not so ordinary lives of seemingly average folks, and be prepared to change your perceptions of "normal." Unreservedly Recommended!

4 of 4 people found the following review helpful.

Brilliant Read!

By S. Pyke

Angela Lewis has covered some subjects here, that few of us are game enough to even look at...

I am a psychology student - covering all things to do with interpersonal relationships - and this has been a total eye opener for me. Angela's sensitivity in each subject is astounding, giving you a first hand account in some 'fetishes' - without making any of her subjects 'differ' from you or me.

Reading this book, I found that rather than being repulsed by other people's fetishes, I understood, a little more. Sure.. some answers *for me* are not given, but I DO understand now, what other people desire, and why.

There is nothing wrong with a preference. We might like the smell of a man, we might like his arms, or legs.. some people just go that little bit further, and desire something we might not understand. Where is the wrong in that?

Angela has written a brilliant book - it may be embarrassing for you to read at first, but I bet you are curious!!! By the end, I found this to be a great topic of discussion!

I urge you to take a look. Explore the unexplained, be thrilled, be repulsed, be excited... it has all of that!!!

I felt so many different emotions.. I guess I should leave it at that :)) Maybe *I* have discovered something 'for me'.

4 of 4 people found the following review helpful.

A VERY DETAILED AND GOOD LOOK AT THE FETISH WORLD

By Michelle

Angela's book is a very detailed and fascinating look into the world of kinks and fetishes. A world that in some cases is very secretive and you would be surprised who all you know who have their special little kinks. She covers everything and provides interviews with people who participate in the variety of sexual fantasies, kinks and fetishes. She is very knowledgeable and took her time putting this book together. I

personally was interviewed by Angela and her questions were ones that made sure she got all the correct information. This is a must for anyone that is already into something sexually different or for the person who is just curious. You never know u might find yourself turned on by something you had no clue about. FYI you can find me in the chapter on Financial Domination.

Mistress Michelle

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