

# UNRAVELING U.S. HEALTH CARE: A PERSONAL GUIDE BY ROBERTA E. WINTER



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A  
*Personal*  
*Guide*

ROBERTA E. WINTER

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This is not about just how much this publication *Unraveling U.S. Health Care: A Personal Guide* By Roberta E. Winter costs; it is not likewise concerning what sort of book you really enjoy to read. It is regarding what you could take as well as receive from reviewing this *Unraveling U.S. Health Care: A Personal Guide* By Roberta E. Winter. You could choose to pick various other e-book; however, it does not matter if you try to make this book *Unraveling U.S. Health Care: A Personal Guide* By Roberta E. Winter as your reading option. You will not regret it. This soft documents book [Unraveling U.S. Health Care: A Personal Guide By Roberta E. Winter](#) could be your buddy all the same.

## Review

Guaranteed access to basic health care continues to fuel debate across the United States. As politicians and insurance providers struggle for a workable solution, the American population continues to be divided between the insured and uninsured—the “haves” and the “have-nots.” Despite this distinction, however, all would benefit from knowing exactly what health-care options are available. Winter, an independent consultant, has successfully crafted a guide that is entirely consumer focused. Whereas Nordin M. Hadler’s *Citizen Patient: Reforming Health Care for the Sake of the Patient, Not the System* is an authority for health-care providers and policymakers, Winter’s work is written in a style that is understandable to the general public. It aims to educate consumers of American health care, providing relevant information and offering sound solutions, thereby reducing costs in the long run. Statistics and facts serve to debunk health-care myths; plentiful citations represent current data. The result is a well-documented road map addressing issues that range from consumers who lack health insurance to those engaging in medical tourism. Lists of suggested care units by state are consistent with the book’s consumer focus. VERDICT Highly recommended for anyone who seeks quality health care and for those who are serious about improving the current system. (Library Journal)

*Unraveling U.S. Health Care* affords the reader a wealth of timely and useful information with pertinent facts to back up the positions taken by the author. Roberta Winter’s contribution to the health care literature is noteworthy and will serve Americans well in facilitating a better understanding of the limitations of our system of health care as well as the opportunities we as individuals have to make it work for us. (Aaron Liberman, Ph.D., LHRM, professor of health services administration, University of Central Florida)

Roberta Winter has done a considerable public service for anyone seeking health care in America. Her book, *Unraveling U.S. Health Care*, provides a comprehensive, readable and extremely practical guide to all aspects of the quality and cost of health care across the country. Winter’s research is methodical, her writing is a delight to read, and the book fills a major gap for health care users in the U.S. (Mark Henaghan, dean of University of Otago Faculty of Law, Dunedin, New Zealand)

*Unraveling U.S. Health Care* is a valuable asset to any interested party trying to navigate our complex health

care system. Roberta Winter's thorough research and contemporary data contribute greatly to understanding the many complexities of health care delivery in the U.S. and no doubt provides a unique resource for those who are looking for answers. I was pleasantly surprised to find Winter's tone to be relatively neutral (a rarity in this ideologically driven debate) and her writing style easy to follow and entertaining. (Jeffrey M. Lobosky, author of *It's Enough to Make You Sick*)

Finally, a lucid journey inside the intentionally murky world of U.S. health care... with some very bright ideas for how to make it work. Reading this book may literally save your life. (Robert Young Pelton, author, *The World's Most Dangerous Places*)

#### About the Author

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Unraveling U.S. Health Care is a guidebook to the health care system that provides a timely and thorough explanation of U.S. health care, written in readable laymen's terms. Roberta Winter educates and informs general readers about useful information that will empower their health care decision making. She makes sense of important health care issues, which are often filtered with political and financial stakeholder bias, confusing the health care consumer. Useful tips, explanatory charts, and statewide scorecards are included throughout to assist readers in choosing the best care they can receive.

More than ever, patients must act as consumers of health care, balancing informed decisions with available resources. Keeping this in mind, Winter also explores other options available to patients, including seeking health care outside the United States, and provides a roadmap for medical tourists to the U.S. In addition, she includes Medicare enrollment tips, and a summary of the 2010 health care reforms and implementation guidelines. Bringing all this data together, this book will serve as a resource and guide for anyone who seeks to receive better care for both everyday issues and major health concerns alike.

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#### Most helpful customer reviews

3 of 3 people found the following review helpful.

Thanks for helping to unravel some of the Health Care issues.

By CJ Simoni

I found the book very easy to use. The format allows the reader to pick and choose the sections they are interested in at that time. I found the Medicare section very clear and the information contained in that chapter helped to confirm the decision our family made regarding that subject. Whenever the subject got too serious or detailed (and there are a lot of details involving Health Care ) the author managed to infuse some humor and I appreciated that! This is not a book that you read once and put away- I think it's a reference and guide book (as the title suggests) that you will refer to through the years as you move through each phase of Health Care in the United States. Thank you for making a rather dull subject understandable, and interesting. I especially liked the facts you included about where U.S. Health Care ranks among other countries and the statistics regarding children's health and immunizations.

3 of 3 people found the following review helpful.

The Definitive Book

By Robert J Connor

This is the definitive handbook for navigating the U.S. healthcare system as it stands today. It should be a

textbook in every class on public health. I believe that it is specific enough to give the reader a clear understanding of and a path navigating the labyrinth of the system; but, general enough to stand the test of time. Ultimately, it will have to be updated to account for the changing landscape of this complex system. Winter has succeeded in producing a masterpiece!

2 of 2 people found the following review helpful.

Well-written, thoroughly researched, and a GOOD READ!

By donh

Where do I start?? First, don't be put off by the topic. The author does a good (not boring!) job in laying out the forces at work in the current health care market. The book is thoroughly researched, has details, and remains enjoyably readable. Each section covers a different topic - if one isn't interesting today, it is simple to flip to the next section and keep on reading.

This book is different than the tomes on health care policy. It presents information in a readable manner and is meant for the average consumer - both goals are touchdown-worthy! Great job by Ms. Winter!

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